

Clinical Application Project Part 1: Paper

NURS 492– Community Health Nursing

Purpose of Assignment

The purpose of the project is to examine a community health problem for a specific aggregate. The project is to be able to apply the nursing process to a vulnerable population within your community. In addition, the purpose of this assignment is to utilize the Health Planning Model to improve aggregate health and to apply the nursing process to the larger aggregate within a systems framework.

Student Approach to Assignment

I approached this assignment with an open mind and explored the local community health engagement opportunities. This assignment reflects my personal values of dedication to helping others and caring for them as a whole. I learned that free community clinics are overrun and need to be expanded in order to properly provide care for their community. I approached this assignment with an open mind because I was unsure of the volunteer opportunities in my area and wanted to relate this project to my goals as a practicing nurse.

Reason for Inclusion of this Assignment in the Portfolio

I included this assignment into my portfolio as an example of how I have engaged in my community as a nurse. This assignment represents me as a nurse because it shows how I care for my community and increasing the healthy population. It exemplifies my strengths of planning and collaboration.

• Critical Thinking

o Uses decision-making skills in making clinical or professional judgments.

Within my paper I discuss how I interviewed the patients and staff of the clinic to assess their needs and created nursing diagnoses for the community. This led me to develop my nursing diagnosis of anxiety related to lack of transportation to and from appointments.

o Revises actions and goals based on evidence rather than conjecture.

As I researched data on free clinics and addressing the needs of the patients at the clinic, my goals changed. I decided on transportation as my intervention based on evidence from clinic and research found on transportation affects on health care.

• Nursing Practice

o Establishes and/or utilizes outcome measures to evaluate the effectiveness of care.

Within my paper I discuss the need for transportation to and from appointments and my intervention of creating a transportation service at the clinic. I discuss the

expected outcome of decreased anxiety among patients who used the transportation service.

o Implements nursing care practices as appropriate to provide holistic health care to diverse populations across the lifespan.

I used therapeutic communication with the patients to assess and provide the care they needed. Addressing their disease and anxiety concerns allowed me to provide holistic care.