

Theory Application Paper

NURS 306– Theoretical Foundation of Professional Nursing Practice

Purpose of Assignment

This assignment is designed to allow the student an opportunity to complete an in-depth analysis of a nursing theory/model. Analysis of the theory coupled with application to a clinical scenario is intended to demonstrate the relevance of nursing theories to professional practice.

Student Approach to Assignment

I approached this assignment by choosing a theory that I believed represented the nurse I wanted to be. Choosing King's goal attainment theory allowed me to focus on the patient as a whole and how the entire system affects goal attainment. I learned that King's theory can be applied to every situation clinical and non-clinical.

Reason for Inclusion of this Assignment in the Portfolio

I included this assignment into my portfolio because I believe it was important in assisting me in defining the role of a nurse. This assignment represents me as a nurse because I believe nursing care is often minimalized by not looking at our patients as a whole.

• Critical Thinking

o Uses nursing and other appropriate theories and models to guide professional practice.

Using King's theory of goal attainment in a clinical scenario gave me a new outlook on the theory itself. This allowed me to change my practices as a nurse to implement my care as a whole and not just focused on disease prevention and management.

• Research

o Applies research-based knowledge from the arts, humanities, and sciences to compliment nursing practice.

I applied research of King's theory to current practices to evaluate its effectiveness. Understanding the full scope of King's theory on nursing practice allowed me to increase the goal attainment and satisfaction of my patients.

o Applies research-based knowledge from nursing as the basis for culturally sensitive practice.

Using research on King's theory allowed me to address the concern that everyone has different health concerns. Understanding that different cultures address health concerns and health goals differently helps me provide better care to my patients.