

## Teaching Project Summary

### NURS 402- Role Development for the Baccalaureate Nursing Practice

#### Purpose of Assignment

The purpose of the assignment is to provide the student the opportunity to summarize in detail the development, implementation, and evaluation of an instructional intervention for a specific patient or professional group.

#### Student Approach to Assignment

While Preparing for this assignment, I looked for educational opportunities at my place of employment. I discovered a lack of knowledge in diabetic care and a large reliance on the diabetic educators of the facility. I surveyed the nurses on my unit to assess the extent of the deficits. I found that many would like more knowledge on the differences in caring for type 1 and type 2 diabetics. I surveyed on educational styles and created a plan on educational opportunities to provide to the staff. Implementing them and performing a post education survey allowed me the opportunity to see what was learned and where education was still required.

#### Reason for Inclusion of this Assignment in the Portfolio

This assignment addresses concerns associated with a common illness, diabetes, that nurses come in contact with. Diabetes is a worldwide illness that continually spreads. Providing evidence-based care is important in controlling the lasting affects patients will have. There are 2 types of diabetes and understanding the care required for each is a necessary component of nursing. Creating educational plans for staff to develop more congruent and effective care is essential in preventing and managing the disease.

- **Teaching**

- o Provides teaching to patients and/or professionals about health care procedures and technologies in preparation for and following nursing or medical interventions.*

- Diabetic care is a constant in nursing care, no matter what specialty you are in. I implemented teaching sessions on providing care for type 1 and type 2 diabetics and focused on the differences in care.

- o Evaluates the efficacy of health promotion and education modalities.*

- While creating my teaching plan I had the nurses take a survey to determine their learning styles. This was to be able to decide which method of teaching would be most effective.

- o Use informatics to enhance one's own knowledge base to support teaching.*

Within this assignment I researched different learning styles, diabetic knowledge, and education in health care to enhance the education I provided. Understanding all of these topics allowed me to teach the staff more effectively.

- **Research**

- o Evaluates research that focuses on the efficacy and effectiveness of nursing interventions.*

I interviewed nurses on a unit and found that there was a lack in knowledge when it came to the differences in type 1 and type 2 diabetic care. I included surveys to enhance the data and implemented an education plan to improve their knowledge. Post education surveys were also done to evaluate education.

- o Shares research findings with colleagues.*

After I gathered my data and research on teaching and diabetic care, I shared my discoveries with my fellow colleagues. I then submitted my findings to the nurse educators of the unit to further assist them in future education endeavors.